

Program for Alternative Transportation and Health (PATH)

Newsletter and Monthly Drawing Reminder

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These organizations have recently supported PATH with prizes, donations, and their valuable time. Thank you!

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Hello PATH Members! If you are a new member - Welcome!

If you have carpoled, bicycled, walked, or taken transit to work at least 10 times during the month of March, you are eligible for the PATH monthly drawing for prizes. **Simply reply to this email or email path@cnhrpc.org to report your commutes and be entered into the drawing.**

As a PATH member, you will receive this email once per month with news, stories, and event listings. If you prefer to not get the monthly email, you may unsubscribe at the bottom of the email.

PATH members who carpool or bike to work are also eligible for the Emergency Ride Home benefit. If you or your fellow carpooler gets caught without transportation in the event of an emergency, PATH will reimburse your cost of transportation home according to the rules of the program. Complete rules and instructions can be found at our website www.path-nh.org.

Commute Green Challenges Drivers to Reduce 50,000 Miles

Commute Green New Hampshire is issuing a challenge-make four cars disappear in a week. Fortunately, it doesn't take magic to accomplish this feat. All it takes is green commuting.



Commute Green New Hampshire is challenging people living and working in NH to reduce 50,000 miles driven during Commute Green Week, from May 16-20, 2011. Given that the average American drives 10,500 miles annually, this is equivalent to taking more than four cars off the road for a year!

By reducing 50,000 miles of driving during Commute Green New Hampshire, NH residents could also save \$10,000 in gasoline costs and reduce the need for roughly 100 barrels of crude oil. Decreasing the amount of cars on the road also preserves the life of existing roadways, reduces air pollution, minimizes time spent in traffic, and keeps NH's landscape looking beautiful.

Commute Green New Hampshire is a statewide initiative that promotes alternative ways of getting to work and around town. Green commuting options include carpools, vanpools, public transportation, walking, biking, and telecommuting. Commute Green NH also seeks to educate employees and employers about the benefits of using these alternative modes of transportation and provides them with the resources they need to get started.

Commute Green New Hampshire runs from May 16-20, 2011 and coincides with the 55th Annual National Bike/Walk to Work Day on May 20. This year's event will feature a state-wide promotion that encourages people to track their green commuting activities during the week. Participants simply need to log in to www.commutegreennh.org and record their green commuting miles.

To begin participating, employers and schools should nominate a team captain to register their team between April 18 and May 2. Individuals on those teams can then register themselves and begin logging their miles

Vintners

McAuliffe-Shepard Discovery Center

Barley House

Community Players of Concord

starting on May 16. Individuals who do not have employers participating in the challenge can still register themselves and start logging their miles beginning on May 16.

Registration is easy and all participants are eligible for great giveaways and coupons. The website will feature a leader board so that teams and individuals across the state can see how they are doing in real time.



After the results are tallied, top achievers in a variety of team and individual categories will be recognized with certificates and giveaways. At the state-wide level, giveaways will be given to the individuals who log the most miles during the challenge in the following categories: carpooling (including telecommuting), biking, walking, and transit. People who green commute all five days will also be recognized.

In addition to the state-wide promotion, Commute Green New Hampshire will feature regional events, contests, and giveaways, including commuter breakfasts organized by the State's regional planning commissions, transit operators, and bicycling organizations.

The new website is up and running!: www.commutegreennh.org

[Find us on Facebook.](#)



Concord Bicycle Master Plan and Greenway Trail Presented to City Council

Concord's bicycling committee, TPAC-Bicycle, presented the Bicycle Master Plan and Greenway Trail to the Mayor and City Council in front of a packed council chambers on Monday, March 14. The plan received a warm reception from Mayor Bouley and City Council, and TPAC-Bike is ready to put the plan into action!

The committee would like to thank all those who came and showed support for the bike plan.



Spurring Economic Development Through Rail Trails

Presentation on April 4

The Central NH Regional Planning Commission is partnering with the Southern NH Planning Commission in Manchester in a Regional Trails Coordinating Council. This group has organized this talk on April 4 at PSNH energy park in Manchester from 6:30-8:30.

The presentation is by Craig Della Penna, an experienced realtor and broker who has worked in the real estate industry in the Pioneer Valley of Massachusetts for several years. Recognized nationally as a leader in the promotion and development of rail trails and greenways, Craig Della Penna's name is synonymous with the concept of green transportation and sustainable communities.

We will explore the recreational and environmental aspects of trails and greenways as well as the public health, economic and transportation benefits associated. This exciting presentation will make a correlation between the Regional Trail system and economic development: how to get customers biking to your business!

We encourage you to contact local economic development officials and real estate groups to come to the presentation.

View and circulate the [Event Flier](#).

Upcoming Events

- **April 2 & 9 (2011)** - [Traffic Skills 101](#) at Safety & Health Council of Northern New England
- **April 4: Spurring Economic Development Through Rail Trails** presentation. [View flier](#).
- **May 14-15 Second Annual Bike Swap** at S&W Sports. Details to come. Contact PATH to donate bicycles, contact S&W sports to sell a bicycle in the swap.
- **May 16-20 Commute Green NH!**

PATH's mission is to reduce traffic congestion, improve air quality and increase societal emphasis on personal fitness through the creation of services and materials which promote transportation options to the single occupancy vehicle.

Craig Tufts
Nik Coates
CNHRPC

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