

April/May 2009

Program for Alternative Transportation and Health (PATH)

News Update and Monthly Drawing Reminder

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Concord 2020

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Manchester Wolves

The Works Bakery Cafe

Hello PATH members!

If you are a new PATH member, Welcome!

Reply to this email to enter yourself into the drawing. If you already reported your commutes you are all set and don't need to do so again.

All PATH members are eligible for a drawing for prizes if they **carpooled, bicycled, walked, or rode transit at least 10 times** or about twice a week. If you have made at least 10 trips using any of these modes during the month of April, simply reply to this email to be entered into the drawing.

PATH members who carpool or bike to work are also eligible for the **Emergency Ride Home benefit**. If you or or fellow carpooler gets caught without transportation in the event of an emergency, PATH will reimburse your cost of transportation home according to the rules of the program. Complete rules and instructions can be found at our website.

Join us in Celebrating Green Commute Week, May 11-15

With the help of NH DOT, DES, Bike-Walk Alliance of NH, and others, PATH has organized several events for Green Commute Week. Come to any of these events to meet people and snack on some free food!



Photo Credit: Barbara Lemieux

MONDAY- May 11th

Carpool Theme - Concord Mayor James Bouley will read proclamation. Jane Pauley, District Director for Congressman Paul Hodes will discuss national carpool incentives and legislation/tax benefits 7-9 am event in front of State House

Red Blazer breakfast items donated

Concord Food Cooperative

TUESDAY - May 12th

Bicycle Theme -7-9 am event at Eagle Square*.

"Meet and Greet" - Concord Transportation Policy Advisory Committee Bike Chairman Peter Rhodes, NH Department of Transportation Safe Routes to School Coordinator John Corrigan, S&W Sports Owner Tim Farmer and Goodale's Bike Shop Concord Store Manager Chris Hancewicz are experienced bicycling commuters who will discuss tips and suggestions for all season bicycling.

BagelWorks breakfast items donated

WEDNESDAY - May 13th

Transit Theme - 7-9 am event in front of State House

"Meet & Greet: Transit providers Ken Hazeltine (Granite State Independent Living), Harry Blunt (Concord Coach), Jim Sudak (Concord Area Transit) and Mickey McIver (Easter Seals) will be available to discuss public transportation opportunities from their respective perspectives.

Bring canned goods to donate in exchange for a free fare on Concord Area Transit

Learn how to mount your bike onto a CAT bus!

Scones donated by Café Indigo

THURSDAY - May 14th

Walking Theme -11 am - 1:00pm event at Eagle Square*

NHDOT Division Director Jack Ferns, OEP Director Amy Ignatius, Foundation for Healthy Communities Executive Director Shawn LaFrance and other guests will walk from NHDOT (7 Hazen Dr.) to Eagle Square to highlight walking as a viable and healthy mode of transportation. They will also talk about what is being done to promote walking in NH.

250 burritos donated by Boloco

FRIDAY - May 15th

National Bike-Walk to Work Day, 7-9 am event ending in front of the State House

Governor John Lynch & Dr. Susan Lynch are scheduled to bicycle from Hopkinton to Concord lead by Concord City Engineer Jeff Warner to highlight bicycling as a healthy, safe and cost-effective means of transportation. The Concord City Council and Energy & Environment Committee have also been invited. There is a press event with the Governor beginning at 8 am.

300 scones donated by Café Indigo and additional breakfast items by BagelWorks

For more information, please check out PATH's [Green Commute Week page for Concord](#).

Group Rides into Concord on National Bike Walk to Work Day:

Join one of these groups on Tuesday May 12th and Friday May 15th and ride into Concord with other bicycle commuters. If you are new to biking to work, or would like to try it for the first time, this is a great opportunity to get an "escort" from an experience cyclist who can help you get going in your own. If you are a veteran bicycle commuter it will be a fun way to meet other bicycle commuters and share your morning ritual with others.

The pace will be social and nobody will be left behind.

For maps and information on how to join a group ride, visit the [Green Commute Week web page](#). Click on the maps to see where you can meet with ride leaders.



Map Credit: NHDOT

National Bike-Walk to Work Day is the Green Commute Week Finale



The seventh annual national Bike-Walk to Work Day is being held on May 15, 2009. The [NH Bike-Walk Alliance](#) and others will be working with PATH to help walkers and bicyclists statewide report their commute. In the end, we will have a tally of green commutes.

Also, look for a "pin map" at the event at the State House where you can mark the origin of your walk or bicycle commute and see where other cyclists and walkers have commuted from.

Green Commute Week Celebrates YOU!

As a carpooler, bicycle commuter, transit rider, or somebody who does their commuting by foot, you are doing a good thing for the environment and your wallet and you deserve credit for it. Thank you for your participation in PATH and good luck with the drawing!

PATH's mission is to reduce traffic congestion, improve air quality and increase societal emphasis on personal fitness through the creation of services and materials which promote transportation options to the single occupancy vehicle.

Craig Tufts
Nik Coates
CNHRPC

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