

July 2010

Program for Alternative Transportation and Health (PATH)

Newsletter and Monthly Drawing Reminder

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Thanks to Our Sponsors!

These organizations have recently supported PATH with prizes, donations, and their valuable time. Thank you!

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**Hermanos Cocina
Mexicana**

Hello PATH Members and happy Independence Day! If you are a new member, Welcome!

If you have carpoolled, bicycled, walked, or taken transit to work at least 10 times (or about twice per week) during the month of June you are eligible for the PATH monthly drawing for prizes. Simply reply to this email or email path@cnhrpc.org to report your commutes and be entered into the drawing.

As a PATH member you will receive this email once per month with news, stories, and event listings. If you prefer to not get the monthly email, you may unsubscribe at the bottom of the email.

PATH members who carpool or bike to work are also eligible for the Emergency Ride Home benefit. If you or your fellow carpooler gets caught without transportation in the event of an emergency, PATH will reimburse your cost of transportation home according to the rules of the program. Complete rules and instructions can be found at our website www.path-nh.org.

Commuter Challenge Results: 25,000 Miles NH DES saves thousands

The results from the six week commuter challenge at the NH Department of Environmental Services are in!

Over six weeks, DES reduced nearly 25,000 miles from Green Commuting! They had participation from 22% of employees. The Commissioner's Office won the inter-department challenge.

18,790 Carpool miles
5,844 Bicycle miles
222 Walk, Run, Rollerblade miles

DES gave special recognition to several of their employees:

John Ford, of the WMD, the top carpooler with 1,680 miles
Ken Kessler of the WD, the top bike commuter with 1,001 miles
Paul Heitzler of the WD, the top walking commute with over 16 miles
Spruce Wheelock of the WD, the most creative green commuter for his use of rollerblading and biking to get to work!

Let us know if you think your organization is interested in running a similar challenge.



Concord Likely to Apply for Bicycle Friendly Community Status

Pending City Council approval, the City of Concord may soon apply for Bicycle Friendly Community (BFC) status as part of the Bicycle Master



Plan process that is currently underway.

The BFC status is a designation by the League of American Bicyclists intended to educate and reward communities for actively supporting bicycling. The League of American Bicyclists is a non-profit organization with a stated mission "To promote bicycling for fitness and transportation and work through advocacy and education for a bicycle-friendly America". The League of American Bicyclists is a national bicycling advocacy nationwide.

The application process in itself is a positive exercise to reveal what is currently being done, and what could be done towards making Concord more bicycle friendly. In the event Concord is not awarded BFC status, the city will receive a report summarizing what can be done to improve. Applications are accepted twice per year, and Concord could re-apply at any time if unsuccessful.

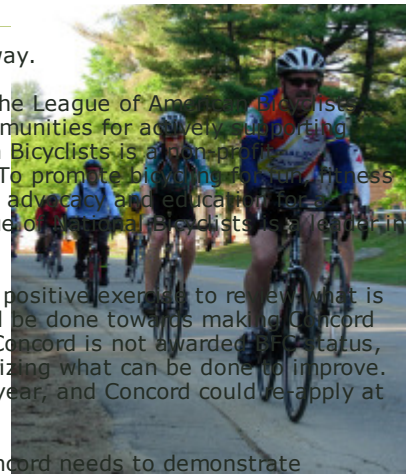
In order to be designated a BFC, Concord needs to demonstrate achievements in five categories, known as the five E's: Engineering, Education, Encouragement, Enforcement, Evaluation and Planning.

In the Draft Bicycle Master Plan, a preliminary recommendation is to apply for BFC status. During the Master Planning visioning process, many in the community wished for Concord to be a state and regional leader in accommodating bicycles as part of the transportation system. This application is an early step towards this leadership role. Concord would be the first BFC in New Hampshire, and the fourth in New England. Reaching for BFC status will help the bicycling community set clear goals for achievements with Bronze, Silver, Gold, or Platinum level status as potential goals.

With PATH's help, representatives from numerous City departments and organizations are all contributing the lengthy and detailed application.

There is no cost for the application or designation. The BFC status expires after 4 years, and the City would need to re-apply.

City Council will vote on July 12 for approval to submit the application.



Concord area residents win 5 of 9 Statewide Green Commute Week Prizes

This year's Green Commute Week had a statewide drawing for prizes for Green Commuters. PATH helped residents from the Concord area register for the drawing with prizes from the Bike-Walk Alliance of NH. Of the 9 prize winners, 5 were from the Concord area.

Michael Coggia- Concord- 2 Downeaster Tickets
 Peter Riendeau- Canterbury- BWANH sponsorship
 Gloria Andrews- Chichester- 2 Downeaster Tickets
 Deborah Carley- Concord- 2 Downeaster Tickets
 Mararet Snow- Concord- BWANH Sponsorship.

Unfortunately, the grand prize for a free stay at the Omni Mount Washington Hotel was not won locally, but we have good chances for next year!

EMS Challenge

PATH staff will be sorting out your entries for the [EMS challenge](#) over the coming days and sending you emails about what you won and will be in touch with EMS so they will have your prize waiting for you.

If you have not logged all of your miles for May 15-June 25, please make sure to do so by this Friday at 5pm. After that, we will close the survey and the results will be locked in.

Thanks again for participating. We'll be in touch with you again soon.

Safe Routes to School Conference

Parents, teachers, administrators, planners, law enforcement officers, and others came from across the state to attend the first Safe Routes to School conference in New Hampshire. Safe Routes to School is a national movement to help more children in Kindergarten through 8th grade safely walk and bicycle to school. In the Central New Hampshire region, more than a dozen communities have SRTS programs.

Successful programs are based on community partnerships and local champions from municipal government to school administrators to community members to business leaders. At the recent Central New Hampshire Safe Routes to School Conference, CNHRPC honored four individuals for going above and beyond what was ever expected of them to improve the lives of children in communities around our region.

Those individuals include:

Most Valuable Person - Deb Samaha, Concord Safe Community Coalition
Good Guy/Gal - Natalie Duval, Hopkinton Safe Routes to School Chairperson
Citizen of the Year - Tim Farmer, S&W Sports
Rookie of the Year - Carlene Ferrier, Beaver Meadow Safe Routes to School Chairperson

Thank you to everyone who participates in SRTS in their community. Keep up the great work!

Fossil Free Fridays

Continue the Green Commuting fun on the last Friday of each Month

Continue the Green Commuting fun with us on the last Friday of each month. Join us for Breakfast snacks, music, and camaraderie at our Fossil Free Fridays events.

Fossil Free Friday Schedule:

1. 5/28, 7-a.m. @ Eagle Square
2. 6/25, 7-9 a.m. @ City Plaza (In front of the Statehouse)
3. 7/30, 7-9 a.m. @ City Plaza (In front of the Statehouse)
4. 8/27, 7-9 a.m. @ City Plaza (In front of the Statehouse)
5. 9/24, 7-9 a.m. @ City Plaza (In front of the Statehouse)
6. 10/29, 7-9 a.m. @ City Plaza (In front of the Statehouse)
7. 11/12, 7-9 a.m. @ TBD

Please help spread the word.

View the [event flier here](#) and follow us on [Facebook](#). 



PATH is now on Facebook!

Some of the links in last months Newsletter did not work- we did were sure to fix the problem this time around! .



PATH's mission is to reduce traffic congestion, improve air quality and increase societal emphasis on personal fitness through the creation of services and materials which promote transportation options to the single occupancy vehicle.

Craig Tufts
Nik Coates
CNHRPC

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