

June/July 2009

Program for Alternative Transportation and Health (PATH)

E-Newsletter and Monthly Drawing Reminder

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Thanks to Our Sponsors!

These organizations supported PATH during Green Commute Week with Prizes, donations, and their valuable time. Thank You!

Concord 2020

Boloco Burritos

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Goodale's Bike Shop

NH History Museum

Manchester Wolves

The Barley House

Red River Theatres

Hello PATH Members

If you are a new PATH member, welcome!

If you have carpoled, bicycled, walked, or taken transit to work at least 10 times (or about twice per week) during the month of June you are eligible for the PATH monthly drawing for prizes. Simply reply to this email or email path@cnhrpc.org to report your commutes and be entered into the drawing.

As a PATH member you will receive this email once per month with news, stories, and event listings. If you prefer to not get the monthly email, you may unsubscribe at the bottom of the email.

PATH members who carpool or bike to work are also eligible for the Emergency Ride Home benefit. If you or your fellow carpooler gets caught without transportation in the event of an emergency, PATH will reimburse your cost of transportation home according to the rules of the program. Complete rules and instructions can be found at our [website](#).

Let's all hope for some sunnier weather in July for all of you bicycle and walking commuters!

Bike Swap Raises Money for Local Bicycle Projects

Concord's first annual Bike Swap raised approximately \$4,500 to be put towards bicycle related improvements in the Concord area. The swap was held at S&W Sports on South Main Street over the weekend of June 27-28.

Potential uses for the funds could be painting bicycle lanes and markers, bike racks and facilities, and local bike sharing programs.

PATH staff worked with event organizer Tim Farmer of S&W Sports gathering bicycles. Dozens of people donated their used bikes to the cause, and volunteers and PATH staff picked up unwanted bikes from transfer stations and other places. Others dropped off their bikes for consignment, where they were paid 75% of the selling price with 25% going towards the fund.

Organizers hope that the Concord bike swap grows into a popular annual fund-raising event. The hope is to raise twice as much money next year and continue getting bikes to people of all incomes and ages. The current plans are to hold the second annual swap in May during National Bike to Work Month.

The remaining un-sold bikes will be used for bicycle sharing programs and be donated to families in need in the area with limited access to transportation.

If you have a bike you are no longer using that could use a good home just let us know and we'll take it off your hands.

PATH would like to send a special thanks to Tim Farmer and the other volunteers for their work.

PATH wants to hear your thoughts about

Park and Ride facilities



The State of New Hampshire and some municipalities have set up 25 official Park and Ride lots for commuters to meet for carpooling. Many of these facilities are more than a parking lot, and have bicycle racks and lockers, commuter information, and some have bus service, mainly to Boston. These facilities can be multi-modal transportation facilities, where commuters could drive or ride a bike from their

home to a carpool or a bus, and in the future maybe even a train. Currently, most Park and Ride lots in the Central NH region do not have any extra facilities. A map and listing of Park and Ride facilities can be found at the [NH Rideshare website](#).

PATH wants to know your thoughts on these facilities. As carpoolers, bikers, walkers, and transit riders, we are interested in what you have to say. Do you use an official Park and Ride lot or do you meet at some other "un-official" lot? Where would an additional lot or additional capacity be useful? If there were bicycle racks or shelters, would you ride a bike to meet your ride or to take the bus? Do you think a simple place to park and meet is enough or are extra facilities important?

In the coming months, PATH and the Central New Hampshire Regional Planning Commission are prepared to get a better sense for the potential for these lots and what your needs are. We are very interested in how PATH can serve your commuting needs. Keep your eyes and ears open for more outreach!

If you have any comments now regarding these Park and Ride facilities, or how we can serve you and fellow commuters, shoot us an email to path@cnhrpc.org.

Photo: Stickney Ave Park and Ride and Bus Terminal in Concord. Credit: NH DOT

PATH coordinates carpools for the first Local Energy Solutions Conference

PATH helped coordinate carpools from the Keene area, Southern NH, the Seacoast, and the North Country to the Graponne center in Concord for the first annual Local Energy Solutions conference. Many of the green-minded folk attending the conference carpooled in order to reduce their carbon footprint. After all, transportation makes up about a third of all carbon emissions in the US.

Carpool Wiki

We have received a lot of great comments from PATH members and others, so we have posted several of their comments sharing their carpooling experiences on a Wiki website. Many are from people who carpooled to the energy conference a few weeks ago. We welcome you to add your own comments and stories about carpooling and why you do or don't carpool.

Log in as path@cnhrpc.org with a password of path

[Click here for the Wiki](#)

The page is a bit messy but it's yours to edit!

NHTI and St. Paul's School Ready to begin a bicycle sharing program

The New Hampshire Technical Institute and St. Paul's School in Concord have both been working with PATH to begin their own bicycle sharing programs. Students and staff at the school will be able to sign out a bicycle for local trips around Concord. Bikes that were not sold during the Bike Swap held last weekend will be donated to the cause.

PATH's mission is to reduce traffic congestion, improve air quality and increase societal emphasis on personal fitness through the creation of services and materials which promote transportation options to the single occupancy vehicle.

Craig Tufts
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