

March 2009

Program for Alternative Transportation and Health (PATH)

Monthly Drawing Reminder and News Update

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Hello PATH members!

If you are a new PATH member, Welcome!

Reply to this email to enter yourself into the drawing. If you already reported your commutes after the after hours news update, you are all set and don't need to do so again.

All PATH members are eligible for a drawing for prizes if they **carpooled, bicycled, walked, or rode transit at least 10 times** or about twice a week per month. If you have made at least 10 trips using any of these modes in January, simply reply to this email to be entered into the drawing.

PATH members who carpool or bike to work are also eligible for the **Emergency Ride Home benefit**. If you or or fellow carpooler gets caught without transportation in the event of an emergency, PATH will reimburse your cost of transportation home according to the rules of the program. Complete rules and instructions can be found at our website.

For PATH's carpoolers, it's more than just saving green:



Record gas prices from last summer have fallen, but that hasn't stopped Chris K. from carpooling almost every day.

Chris began carpooling when gas was \$4 per gallon, and she has stuck with it because carpooling has been more than about just saving money and reducing her carbon footprint.

"It was a stroke of good fortune," she said. "That I found someone that works in my office to carpool with. She lives in Hillsborough and I'm in Antrim, so we meet every morning on my through Hillsborough. It's about 30 miles to Concord from there, so you can imagine the money we saved back then and, to a lesser degree, still save."

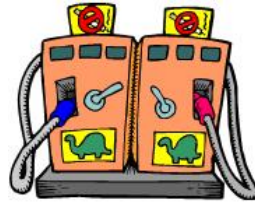
Chris's carpooling is only part of her efforts with her husband to find ways to reduce their energy consumption.

"My husband and I both want to do as much as we can for the environment," she says. Adding later, "Now, with gas prices leveled off, it's a matter of resource conservation for me: saving wear and tear on my car by letting someone else drive in their car every other week, and cutting my commuting 'carbon footprint' in half! How can you go wrong?"

Thanks for sharing your story Chris!

Photo: PATH staff in a carpool

Reminder: PATH event tomorrow



Come visit us on April 1 from 5-7 PM for an **after hours gathering of PATH members** at the Barley House on Main St. in Concord.

Green Commute Week builds on past successes of Bike/Walk to Work Day:

PATH is challenging employers in and around Concord to implement a five-week program to provide their employees with better commuting options as part of Green Commute Week, May 11-15.

PATH is looking for employers who will promote carpooling and other eco-friendly (economic and environmental) transportation options at their workplaces. PATH will guide employers through a five-week process to do interactive activities like identifying commuting clusters and offering employees incentives like preferred parking and prizes. Participation for businesses is free of charge, thanks in part to a Transportation Challenge Grant from Concord 20/20.

Green Commute Week is the first-ever expansion of the national Bike/Walk to Work Day to a weeklong promotion. PATH is partnered with the New Hampshire Department of Transportation (DOT), which is coordinating activities across the state. PATH is also working with the City of Concord's Transportation Policy Advisory Committee, Energy and Environment Committee as well as other state and local agencies to promote Green Commute Week efforts throughout the City.

Stay tuned for details on events and activities around Concord.

Employers interested in implementing PATH's four-week commuting plan should go to <http://www.path-nh.org/GreenCommuteWeek.html>.

PATH's mission is to reduce traffic congestion, improve air quality and increase societal emphasis on personal fitness through the creation of services and materials which promote transportation options to the single occupancy vehicle.

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