

March 2010

Program for Alternative Transportation and Health (PATH)

E-Newsletter and Monthly Drawing Reminder

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These organizations have recently supported PATH with Prizes, donations, and their valuable time. Thank You!

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Hello PATH Members

If you are a new PATH member, welcome!

If you have carpooled, bicycled, walked, or taken transit to work at least 10 times (or about twice per week) during the short month of February you are eligible for the PATH monthly drawing for prizes. Simply reply to this email or email path@cnhrpc.org to report your commutes and be entered into the drawing.

As a PATH member you will receive this email once per month with news, stories, and event listings. If you prefer to not get the monthly email, you may unsubscribe at the bottom of the email.

PATH members who carpool or bike to work are also eligible for the Emergency Ride Home benefit. If you or your fellow carpooler gets caught without transportation in the event of an emergency, PATH will reimburse your cost of transportation home according to the rules of the program. Complete rules and instructions can be found at our website www.path-nh.org.

Not Everyone can Drive a Car or Hop on Their Bicycle

Coordinated Transit and Human Services Transportation Plan

As our population ages, the need for transportation for the elderly and disabled continues to grow. As the cost of owning a car is increasingly burdensome on low income people and families, choices beyond the private automobile are needed. A multitude of programs, non-profits, transit agencies, and businesses are out there to help people in need get to medical appointments, work, groceries, and other personal trips. With this growing need, planners in New Hampshire are finding ways to make service more efficient and better serve those who depend on it.

The Central New Hampshire Regional Planning Commission and the Lakes Region Planning Commission have recently produced a DRAFT Coordinated Transit & Human Services Transportation Plan for Belknap County and portions of



Hillsborough and Merrimack Counties. The Draft Plan aims to improve coordination between human service agencies and transportation providers in the region. Specifically, the plan aims to improve transit services for the elderly, disabled, and low-income residents of the region. **The Draft Plan is available for a period of public review and comment through March 24, 2010.**

A direct link to the draft plan is available [here](#) and copies of the draft

document are available at the following locations:

Concord Public Library, 45 Green St, Concord, NH
 Franklin Public Library, 310 Central Street, NH
 Laconia Public Library, 695 Main St, Laconia, NH
 CNHRPC, 28 Commercial St, Ste. 3, Concord, NH
 LRPC, 103 Main St, Ste.3, Meredith NH

More information on the plan is available on the Planning Commissions websites:

www.cnhrpc.org
www.lakesrpc.org

Please take the time to review the draft plan and submit any comments/observations to:

Ruairi O'Mahony, Transportation Planner, CNHRPC, 28 Commercial Street, Suite 3, Concord, NH, 03301 romahony@cnhrpc.org

Bicycle Master Plan Progress

Central NH Regional Planning Commission staff and the City of Concord's Bicycle Subcommittee of the Transportation Policy Advisory Committee (TPAC-Bike) have been continuing to work on Concord's Bicycle Master Plan.

This month TPAC-Bike and the Planning Commission have been collecting data, making maps, conducting research, and working hard planning out the agenda for Meeting 2. A date will soon be selected for late March or early April. The meeting will be dynamic and interactive, so stay tuned and be part of Concord's bicycle revolution!

Volunteers Needed

PATH is looking for volunteers to help out with this year's Green Commute Week on May 17 through 21 2010.. Last year PATH helped organize bike rides to work (including one with Governor Lynch and Dr. Lynch), set up bike breakfasts, carpool events, walks, and Transit day. This year, PATH could use help setting up tables, picking up donated food and coffee, and meeting and greeting people who come to the events! This is a fun way to give to the community and meet some new people.



PATH is also looking for volunteer bicycle mechanics. PATH collects donated bikes for use in local bicycle sharing programs and donations to those in need. Many of these bikes are in need of repair and adjustment.

If you would like to ask about volunteering on Green commute week, donating breakfast/lunch items, fixing or donating bicycles please contact us at path@cnhrpc.org.

Thank you!

PATH's mission is to reduce traffic congestion, improve air quality and increase societal emphasis on personal fitness through the creation of services and materials which promote transportation options to the single occupancy vehicle.

Craig Tufts
Nik Coates
CNHRPC

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