

May/June 2009

# Program for Alternative Transportation and Health (PATH)

## E-Newsletter and Monthly Drawing Reminder

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### Thanks to Our Sponsors!

These organizations supported PATH during Green Commute Week with Prizes, donations, and their valuable time. Thank You!

**Concord 2020**

**Boloco Burritos**

**S&W Sports**

**Green Concord**

**Cafe Indigo**

**Red Blazer**

**Concord Food Cooperative**

**Goodale's Bike Shop**

**NH History Museum**

**Manchester Wolves**

**The Barley House**

**Red River Theatres**

### Hello PATH Members

If you are a new PATH member, welcome!

If you have carpooled, bicycled, walked, or taken transit to work at least 10 times (or about twice per week) during the month of May you are eligible for the PATH monthly drawing for prizes. Simply reply to this email or email [path@cnhrpc.org](mailto:path@cnhrpc.org) to report your commutes and be entered into the drawing.

As a PATH member you will receive this email once per month with news, stories, and event listings. If you prefer to not get the monthly email, you may unsubscribe at the bottom of the email.

PATH members who carpool or bike to work are also eligible for the Emergency Ride Home benefit. If you or your fellow carpooler gets caught without transportation in the event of an emergency, PATH will reimburse your cost of transportation home according to the rules of the program. Complete rules and instructions can be found at our [website](#).

## Thank You for Participating in Green Commute Week 2009

Hundreds of green commuters in the Concord area stopped in at one of the green commute events last week for food and camaraderie. We would like to thank all of those who participated and made the Concord area a greener, healthier place.



Governor and Dr. Lynch Bicycled to work on Friday with the company of other bicycle commuters

We have [lots of photos](#) from Green Commute Week available for viewing online with more on the way. If you have any you would like to share with us email [path@cnhrpc.org](mailto:path@cnhrpc.org) for instructions on how to post them.

## Concord's First Annual Bike Swap: Contact PATH to Donate a Used Bicycle

On June 26 and 27 Concord will have its first bicycle swap. All proceeds from the event will go towards bicycle related projects in the Concord area, which may include things like painting bicycle lanes and markers, bike racks and facilities, and local bike sharing programs. Event organizers are looking for donated bikes, so if you have some old bicycles laying around and would like to donate them, or if you would like to volunteer, contact PATH at [path@cnhrpc.org](mailto:path@cnhrpc.org).

The purpose for the bike swap is to help more people get on affordable, safe, functioning bicycles as well as to raise some money for local bicycle projects.

The swap will be on Saturday and Sunday, June 27-28 across the street from S&W Sports, 296 S Main St, Concord.

Look for an update in next month's newsletter.

## A Review of the Green Commute Week Events:



Green Commuters Gather in front of the State House

A Review of the Green Commute Week Events:

MONDAY  
- May 11th

**Carpool Theme** - Concord Mayor James Bouley will read proclamation. Jane Pauley, District Director for Congressman Paul Hodes will discuss national carpool incentives and legislation/tax benefits 7-9 am event in front of State

House

Red Blazer breakfast items donated

## TUESDAY - May 12th

**Bicycle Theme** -7-9 am event at Eagle Square\*.

"Meet and Greet" - Concord Transportation Policy Advisory Committee Bike Chairman Peter Rhodes, NH Department of Transportation Safe Routes to School Coordinator John Corrigan, S&W Sports Owner Tim Farmer and Goodale's Bike Shop Concord Store Manager Chris Hancewicz are experienced bicycling commuters who will discuss tips and suggestions for all season bicycling.

The Works breakfast items donated

## WEDNESDAY - May 13th

**Transit Theme** - 7-9 am event in front of State House

"Meet & Greet: Transit providers Ken Hazeltine (Granite State Independent Living), Harry Blunt (Concord Coach), Jim Sudak (Concord Area Transit) and Mickey McIver (Easter Seals) will be available to discuss public transportation opportunities from their respective perspectives.

Bring canned goods to donate in exchange for a free fare on Concord Area Transit

Learn how to mount your bike onto a CAT bus!

Scones donated by Café Indigo

## THURSDAY - May 14th

**Walking Theme** -11 am - 1:00pm event at Eagle Square\*

NHDOT Division Director Jack Ferns, OEP Director Amy Ignatius, Foundation for Healthy Communities Executive Director Shawn LaFrance and other guests will walk from NHDOT (7 Hazen Dr.) to Eagle Square to highlight walking as a viable and healthy mode of transportation. They will also talk about what is being done to promote walking in NH.

250 burritos donated by Boloco

## FRIDAY - May 15th

**National Bike-Walk to Work Day**, 7-9 am event ending in front of the State House

**Governor John Lynch & Dr. Susan Lynch** are scheduled to bicycle from Hopkinton to Concord lead by Concord City Engineer Jeff Warner to highlight bicycling as a healthy, safe and cost-effective means of transportation. The Concord City Council and Energy & Environment Committee have also been invited. There is a press event with the Governor beginning at 8 am.

300 scones donated by Café Indigo and additional breakfast items by The Works

For more information, please check out PATH's [Green Commute Week page for Concord](#).

## Dump the Pump Day June 18th



The American Public Transportation Association and transit systems across the country will celebrate the fourth annual National Dump the Pump Day. The day is designed to encourage people to get out of their cars and ride public transportation to raise awareness of the financial benefits of transit. For more information visit the

[APTA](#) website. Transit options in the Concord area include the local fixed route service from [Concord Area Transit](#), and inter-city bus service from [Concord Coach](#).

## To everybody that made Green Commute Week possible: Thank You!

Thank you to all of the volunteers, business owners, non-profits, green groups, health groups, and enthusiastic citizens.

## Green Commute Week Celebrates YOU!

As a carpooler, bicycle commuter, transit rider, or somebody who does their commuting by foot, you are doing a good thing for the environment and your wallet and you deserve credit for it. Thank you for your participation in PATH!

PATH's mission is to reduce traffic congestion, improve air quality and increase societal emphasis on personal fitness through the creation of services and materials which promote transportation options to the single occupancy vehicle.

Craig Tufts  
Nik Coates  
CNHRPC

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