

October 2008

Program for Alternative Transportation and Health (PATH)

Monthly Drawing Reminder and News Update

Quick Links



www.path-nh.org

[NH Rideshare](#)

[Central NH Regional Planning Commission](#)

Hello PATH members!

This is a reminder to reply to this email if you have carpooled, bicycled, walked, or ridden Transit at least 10 times or about twice a week during the month of October. We have a variety of prizes to give away in the next few months, so don't forget to participate!

I hope you like our new email format! We'll be updating and improving our system as our program grows, and we are glad to have you as part of it. You will still only be hearing from us only once per month with a reminder and some news, and occasionally an extra email for an event. We don't want to clutter up your inbox.

PATH Breakfast a success!



Dozens of Carpoolers, Transit riders, Pedestrians, and enthusiastic Bicycle commuters stopped by for some fresh bagels, coffee, and other snacks in front of the Statehouse on Friday the 17th. We were glad to see so many of you there and to finally get a chance to meet some of you and see some fellow PATH members meet each other.

We hope to hold a similar event once per month starting next spring when the weather begins to improve again. So keep your ears open for news in April!

We would like to thank the local businesses that donated food and drinks to our event: **The Works Breakfast, Starbucks, Shaws, Hannaford, Panera, and Carter Hill Orchard.** It wouldn't have been possible without you!

PATH Membership Cards!

We are in the process of producing membership cards for all PATH members. The main purpose for the card is for getting discounts at local businesses. PATH is working with several retailers in Concord to offer discounted prices to all PATH members. The cards will also contain useful information about how to take advantage of the Emergency Ride Home service in case you are stuck without a ride home in the event of an emergency.

Be on the lookout next month for updates on the membership cards and the businesses which will be participating.

Thanks to Our Sponsors!

These organizations have supported PATH through a combination of time, money, or donated prizes.

Concord 2020

S&W Sports

Concord Food Cooperative

Joe King's Shoe Shop

Dos Amigos Burritos

NH Historical Society

Canterbury Shaker Village

Panera Bread

Pat's Peak

PATH visits Concord Hospital

On Tuesday, October 21 PATH staff spent much of the day at Concord Hospital meeting with employees and spreading the word about PATH. PATH wants to help reduce the huge number of cars that need to be parked around the hospital campus. We hope to encourage and inform hospital employees about carpooling, the CAT bus service to the hospital, and to get people motivated to bike or walk to work.

If you or your employer are interested in making your workplace more environmentally responsible, want to reduce parking demand, want to promote a healthier lifestyle or simply want to have a fun workplace benefit, contact PATH by replying to this email.

PATH's mission is to reduce traffic congestion, improve air quality and increase societal emphasis on personal fitness through the creation of services and materials which promote transportation options to the single occupancy vehicle.

Craig Tufts
CNHRPC

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